



# WHAT TO EXPECT



**SHINGRIX**  
(ZOSTER VACCINE RECOMBINANT, ADJUVANTED)

## 1 GOT YOUR FIRST DOSE? HERE'S WHAT'S NEXT

**SHINGRIX PROTECTS.** With that first dose, you're now one step closer to protection with a shingles vaccine proven in clinical trials to be over 90% effective.

**UNDERSTAND THE POTENTIAL SIDE EFFECTS.**

After each dose, you may experience pain, redness, and swelling at the injection site, muscle pain, tiredness, headache, shivering, fever, and upset stomach. Contact your healthcare provider if you have any concerns.

Severe allergic reactions are less common, but include hives, swelling of the face/throat, difficulty breathing, a fast heartbeat, dizziness, and weakness. If you experience any of these, seek immediate medical attention.

## 2 SCHEDULE YOUR SECOND DOSE

**REMEMBER SHINGRIX IS A 2-DOSE VACCINE.**

Schedule your follow-up appointment today and sign up for **IT TAKES 2** at **SHINGRIXreminder.com**.

This reminder program helps you stay on track with your second dose, which should be given anytime between 2 and 6 months after your first dose.

Sign up for reminders at



Get an email



Get a text



Get a voicemail

**Please see Important Safety Information for SHINGRIX on the reverse side. Please see accompanying Important Facts About SHINGRIX.**

Remember to schedule your second dose and sign up for reminders at SHINGRIXreminder.com  
Talk to your healthcare provider if you have any questions.

**What Is SHINGRIX?**

SHINGRIX is an FDA-approved vaccine for the prevention of shingles (herpes zoster) in adults 50 years and older. SHINGRIX is not used to prevent chickenpox.



**Save this portion as a handy reminder!**

**1. Received SHINGRIX on:**

Date: \_\_\_\_\_

**2. Come back on:**

Date: \_\_\_\_\_

Time: \_\_\_\_\_

Location: \_\_\_\_\_

Phone: \_\_\_\_\_



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# WHY GETTING SHINGRIX IS SO IMPORTANT



**SHINGLES (HERPES ZOSTER) IS A PAINFUL SKIN RASH**, most common in people 50 years and older. Usually, the rash will blister and scab in 7-10 days and clear up within 4 weeks.

**BEFORE THE RASH DEVELOPS**, people typically experience pain, itching, tingling, or numbness on the skin, as well as a fever, headache, and a general feeling of sickness.

**THE RASH WILL LIKELY DEVELOP AS A SINGLE STRIPE** along a nerve path on the chest or abdomen, but it could appear on the arm, thigh, or head – even the ear or eye.

**SHINGLES IS CAUSED BY THE SAME VIRUS THAT CAUSES CHICKENPOX.** If you have had chickenpox, you have the virus that causes shingles inside you, although it is inactive. As you age, your immune system weakens, regardless of your health, lifestyle, or diet, increasing the chance that the virus will reactivate and cause shingles.

THERE ARE ABOUT



IN THE US EACH YEAR.

**AS YOU GET OLDER**, your risk of getting postherpetic neuralgia (PHN) after shingles increases. PHN is a severe pain that lasts for months or even years in the areas of the healed rash. The benefit of SHINGRIX in the prevention of PHN can be attributed to the effect of the vaccine on the prevention of shingles. SHINGRIX is not indicated for the prevention of PHN or other shingles complications.

Other potential complications of shingles include:

- Scarring
- Complications with vision if the rash appears around the eye
- A secondary infection
- Partial weakness/paralysis of the areas served by affected nerves

## IMPORTANT SAFETY INFORMATION

- You should not receive SHINGRIX if you are allergic to any of its ingredients or had an allergic reaction to a previous dose of SHINGRIX
- An increased risk of Guillain-Barré syndrome (severe muscle weakness) was observed after vaccination with SHINGRIX
- The most common side effects are pain, redness, and swelling at the injection site, muscle pain, tiredness, headache, shivering, fever, and upset stomach
- SHINGRIX was not studied in pregnant or nursing women. Tell your healthcare provider if you are pregnant, plan to become pregnant, or are breastfeeding
- Vaccination with SHINGRIX may not protect all individuals
- Ask your healthcare provider about the risks and benefits of SHINGRIX. Only a healthcare provider can decide if SHINGRIX is right for you

**You are encouraged to report vaccine adverse events to the US Department of Health and Human Services. Visit [www.vaers.hhs.gov](http://www.vaers.hhs.gov) to file a report, or call 1-800-822-7967.**

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Learn more at **SHINGRIX.com**  
or call **1-800-772-9292**



Sign up for reminders at

[SHINGRIXreminder.com](https://www.shingrixreminder.com)



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